

AUGUST 17, 2025

NATIONAL PROGRAM FOR PALLIATIVE CARE LAKSHADWEEP

PALLIATIVE CARE

# LAK MEDICAL



## 2 DAY ASHAS TRAINING PROGRAM

The ASHA Training Program at Kavaratti under National Program for Palliative Care, National Health Mission, UT of Lakshadweep was concluded amidst an enthusiastic and distinguished gathering. The inaugural address was delivered by Dr. MC Mohammed, CMO (SAG) Medical Superintendent, District Hospital Kavaratti setting an inspiring tone for the event. Felicitations were offered by Dr. Jaleel CMO (SAG), Dr. Nishad CMO (NFSG), and Smt. R Mercy Russelin (Principal, Nursing College Kavaratti), whose presence added great value to the occasion.

The training program, conducted on the first day, covered fundamental aspects of palliative care, including communication skills, community participation, and nursing care for palliative care patients. Dr. Soudhabi, Chief Medical Officer CMO (SAG), Dr. Beegum Sajitha, CN and Nodal Officer (ASHA Training), Dr. Ali Azher, Program Officer (NPPC), Ms. Ajmala Thasneem, Psychologist, Ms. Rameesa BP, Psychiatric Social Worker, and Ms. Reshma CR, Tutor, all contributed to relevant topics for ASHAs. The community participation through the involvement of NGO, Thanal Charitable Organization, led by Chairman K Abdul Hameed Moulana, all ensured that the program was practical and pertinent to the needs of our ASHAs. Despite network challenges across the islands, dozens of ASHAs and allied healthcare workers from peripheral islands joined us, devoting their valuable time to this mission.





On the second day of the training program sessions, comprehensive discussions were held on psychosocial support, self-care, and elderly care. These sessions equipped ASHAs with the requisite skills and empathy to effectively manage intricate community situations. Furthermore, participants received orientation on the CBAC (Community-Based Assessment Checklist) form, effective service delivery, and key responsibilities, including meticulous documentation of ASHA activities.



A special moment in the program was the honoring of the three senior-most ASHAs, who have been serving the community with dedication since 2007.

As part of strengthening community-level palliative care, palliative care kits were distributed to all ASHAs in Kavaratti. These kits included essential items such as hand sanitizers, gloves, thermometers, towels, ORS and dressing materials.

The certificates also distributed to volunteers who attended One week Certificate Course in Palliative Care.

A short film, conceptualized and created by the talented nursing students, was officially launched and screened during the program. This was followed by vibrant cultural performances by the nursing students and local artists, adding a celebratory spirit to the event.

*"A Heartfelt Short Film on Palliative Care – Because Every Life Deserves Dignity and Compassion."*

*"Beyond the Lecture Halls – A Moving Short Film on Palliative Care by Talented Nursing Students, Government nursing college Kavaratti"*



<https://www.youtube.com/watch?v=eZc4eJk5flg&t=4s>

# ASHA Training Closing Ceremony Palliative Care & Elderly care



# Day 1 ASHA Training Program on Palliative Care & Elderly care



